



The slow mile - The Robber road



🕒 5 - 6 h 📏 ~ 18 km



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|---|---|
| 1 Tree Nursery of Lāčupīte | 4 Ragaciems Lighthouse |
| 2 The memorial dedicated to the Finnish Jaegers died during World War I | 5 Old Fisherman's Lighthouse |
| 3 Memorial stone in dunes dedicated to the Finnish jaegers who died in World War I | 6 Fishermen's wharfs Sedumi in Ragaciems |

As you follow this route you will realise why this section of the Riga Bay is called the Slow Mile, and you will also notice its beautiful pine forests, berry bushes, mushroom picking areas and other nature values.

As you go through Ragaciems and Klāpkalnciems, you may sense the aroma of fishermen's smokeries signalling that in a short while freshly smoked fish will be taken out of them. If you are a gourmand, we recommend asking the host if a traveller can buy something and I bet it will be one of the tastiest meals ever!

The route makes a circle therefore it is up to the walker to choose the start and end point. If you drive to the Slow Mile with a car, you can comfortably park it the parking lots situated in the villages and in one of two seaside parking lots marked in the map.

You can cut off the route at any time and climb the stairs erected in the beach leading further to logging trails as shown in the map. If for any reason you do not wish to walk along the beach, you can choose a well-trodden path along the dune edge, reaching as far as from Ragaciems to Klāpkalnciems. A beautiful view opens to the Riga Bay.



The route makes a circle therefore it is up to the walker to choose the start and end point. This route has been marked on nature objects in the forest with a paint in a white yellow white colour scheme, and as stickers in the village (a yellow arrow).



Do not leave the waste in nature when you are out for walk; pick them up and dispose in the nearest waste bin or report to VidesSOS.lv.



Long-distance route Jūrtaka (Baltic Coastal Hiking Trail) (E9) leads along the coastal line which can be taken if you wish to stay longer and go for a walk also on next day. More information about route www.jurtaka.lv.





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The **Slow Mile** separates Ragaciems from Klapkalnciems and extends approximately 7 km. In ancient times people took this route on foot or on a horse. The vicinity was monotonous and without a single stop. The only stops were taken every 4-5 km to allow horses to rest and have a meal, hence the name of this place. When travellers took the Slow Mile, they tried to find a travelling companion, because robbers lurked from the surrounding forests, and it did not seem to be safe to go alone. The local fishermen and farmers in the Slow Mile were robbed and attacked also by the legendary highway robber Kaupēns.

During the centuries the Slow Mile has served as a border separating the regions, administrative territories populated by various ethnical groups and even fronts, trenches of which have remained until nowadays in the dunes. This place has seen the German and Russian military troops and naval ships were once anchored in the bay which is so calm today.

Thanks to its wide and sandy beach the Slow Mile is popular among those who like seaside recreation and sunbathing. However, the Slow Mile is rich in various natural values, and it is a part of Kemeru National Park. The dunes host plants which hold back the sand and help them to form. In coastal sand one can see seaside sandplant and lyme grass which are the first plants holding back the seaside sand from being blown away by the wind and forming around them small mounds – the primary dunes. Therefore, ascending or descending by the stairs to and from the beach is of special importance in order to avoid scalding and damaging the dunes and plants growing there.

Brown algae, known as the bladder wrack, is often found washed onto the shore. They propagate only during the new moon or full moon nights, and they host up to 30 species in the sea-bed. Bladder wrack functions as “herring kindergarten”.



Route can also be done by bicycle.



Visiting nature, everybody is responsible for their own safety! Adults are responsible for children's safety!

Emergency call: 112



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